

RHODES COLLEGE FOUR “R”s

Urgent – Requiring immediate attention and intervention | **Emergent** – Significant and time sensitive

**Student Counseling Center closed from 12:00 - 1:00 pm & after 5:00 pm*

RECOGNIZE

Not sure, but something is wrong

- Disturbing content in paper/ emails
- Irrational or bizarre behavior
- Concerning verbal statements
- Sudden change in demeanor
- Change in appearance, behavior, or hygiene

Self-harm or suicide risk

- Mentions of death or intent to harm self/others
- Fresh cuts, scratches, or other wounds
- Withdrawal from classes, activities, and friends
- Statements of hopelessness such as, “I hate this life” or “everyone is better off without me”

Substance abuse

- Intoxicated or high in class
- Decline in academic performance
- References to alcohol or drug use in conversations, papers, projects, etc.
- Deterioration in physical appearance (bloodshot eyes, dilated pupils, trembling hands, etc.)

Anxiety, stress, panic

- Excessive worry, guilt, or nervousness
- Difficulty breathing, racing heart; numbness, sweating or chills; weakness or dizziness; jaw pain and teeth grinding; chest or stomach pain

RESPOND

1. Express concern and care
2. Give an example of a time that the student’s behavior has worried you
3. Be encouraging if student agrees to get help
4. Call Campus Safety if there is a threat to student’s safety or the safety of others

1. Ask if they are thinking of suicide or self-harm
2. If there is an immediate safety threat, call Campus Safety (on campus) or 911 (off campus)
3. Consider walking student to the Student Counseling Center if there is no immediate threat.
4. Do not leave the student alone until help is secured.

1. Express concern and care
2. Give an example of a time that the student’s behavior has worried you
3. Be supportive and encouraging if the student agrees to get help
4. Offer to help make a counseling appointment

1. Express concern and care
2. Avoid criticizing, blaming, sounding judgmental, or minimizing the situation
3. Offer to help make a counseling appointment

REPORT & REFER

Urgent – Report to Campus Safety: 901-843-3333
Emergent – Walk to [Student Counseling Center](#):
 Moore Moore Building*

AND
[Student Concern Referral](#)

NOTE
 Urgent Off Campus Matters: 911
 After Hours Crisis Support: 1-855-850-4301

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 Urgent Off Campus Matters: 911
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Emergent – Walk to [Student Counseling Center](#):
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Non Emergent – Refer to Student Counseling Center:
 901-843-3128

AND
[Student Concern Referral](#)

RECOGNIZE

Abuse or sexual harassment

- References to sexual assault or relationship violence in conversations, papers, projects, etc.
- Visible injuries or bruises
- Crying or leaving when sexual violence, domestic violence, stalking, or child abuse is the topic
- Mentions partner/other's possessiveness, jealousy or violent behavior

Disruptive behavior

- Unwarranted interruptions
- Slurs or other forms of intimidation
- Rude or abusive behavior
- Failure to adhere to instructor's directions

Academic challenges

- Student shares (or you observe) that they are experiencing issues such as difficulty reading, concentrating, or participating.
- Challenges with organizing tasks, completing assignments, or meeting deadlines.
- Struggling to process information.

Other personal crisis

- Frequent or extended absences
- Decline in academic performance
- Relationship, financial, or other challenges
- Difficulty concentrating and making decisions
- Exhaustion/fatigue
- Excessive worry, sleeping/eating problems

Financial Insecurity

- Inability to purchase school supplies or books
- Reporting not having basic needs met
- Disclosing housing insecurity

RESPOND

1. Call Campus Safety or 911 if there is a potential threat to safety
2. Express concern and care; listen and believe the student
3. Identify resources for safety
4. Make the student aware that you must report what they tell you

1. Call Campus Safety or 911 if there is a threat to student's safety or the safety of others
2. Express concern and care
3. Explain impact of the behavior on the class
4. Outline expectations

1. Be supportive and encouraging
2. Avoid stigmatizing behaviors such as criticizing, blaming, judging, overly emphasizing or minimizing the situation
3. Share appropriate campus supports with the student

1. Express concern and care
2. Avoid criticizing, blaming, sounding judgmental, or minimizing the situation
3. Listen to and believe student's responses
4. Be supportive and encouraging if the student agrees to get help

1. Express concern and care
2. Ask if they are connected to any resources
3. Offer to help them get connected to appropriate offices

REPORT & REFER

Urgent — Campus Safety: 901-843-3333 or 911
AND

Non Confidential Consultation

Title IX Coordinator: titleix@rhodes.edu

AND

Confidential Consultation

Student Counseling Center: 901-843-3128

Urgent — Campus Safety: 901-843-3333 or 911
OR

Non Emergent

Contact the department chair faculty member

AND

[Student Concern Referral](#)

Student's faculty advisor

OR

Student Accessibility Services: sas@rhodes.edu

AND

[Academic Progress Notification](#)

Consultation — Office of Student Outreach & Support:
care@rhodes.edu

AND

[Student Concern Referral](#)

OR

[Academic Progress Notification](#)

[Financial Aid Office](#)

AND

[Student Concern Referral](#)